

WHAT TO EXPECT

Programme Induction

A comprehensive assessment

A designated key worker

A care plan

A clear introduction to current programme participation

Peer Support Recovery Capital

Behavioral awareness and management skills

Lapse and relapse awareness

Craving and coping skills development

Self-esteem & confidence

Happiness Scale, Emotions Diary, Outcome Star

Community Reinforcement Approach (CRA)

Education & Employment

Health and wellbeing awareness

Inter-agency work

Meaningful work experience in Community based organizations.

Career goal preparation

CV and interviewing skills

Identify training and development needs through Individual learning plans (ILP)

Communication & Work related skills



Supporting Individual Recovery Pathways

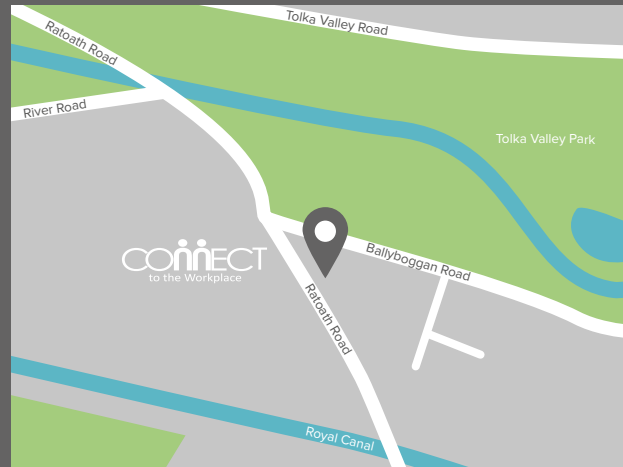
HOW TO MAKE A REFERRAL

- ▶ Email or phone the staff office for a referral pack or download the referral form from the website
- ▶ Complete referral form and submit to the Sankalpa team office by post/email
- ▶ Response regarding receipt of referral will be within 5 working days.

CONTACT DETAILS

Post: Sankalpa, Unit 8, Glasnevin Business Centre, Ballyboggan Road, Dublin 11

Phone: (01) 830 2690 Email: hello@sankalpa.ie



SPECIALISED THERAPEUTIC & EDUCATIONAL COMMUNITY EMPLOYMENT WORK PLACEMENT PROGRAMME



Supporting Individual Recovery Pathways



ACCESS



TURNING
POINT



CONNECT
Drug Free



CONNECT
Work Place

